



Aernout Boere and FOLC Coordinator, Nick Cook wearing their new FOLC T Shirts

Photo : Soozie Ross

See Soozie's article on page 3

WELCOME BACK, PAUL AND HEIDI!

It was great to see Heidi and Paul Hardisty back in Perth at the end of March. They did not come for a holiday and have had a very busy time! Paul spoke at a very interesting Night Chat session, which gave us much food for thought. (see page 7)

Heidi has come back to coordinate the FOLC planting season. This is a heavy work load this year and we hope that members will support us. She is also campaigning to save the Shenton Park Bushland which contributes to a valuable nature corridor between Bold Park and the Swan River which includes Lake Claremont.

BUSY BEE SUNDAY MARCH 11

From : Nick Cook

Our March Busy Bee was our annual Clean Up Australia Day event.

We had a solid turnout of 24 volunteers and the weather was perfect. We are really encouraged to see more young people and sometimes their parents joining us at these sessions.

The volunteers were kitted up and split into small groups each focusing on a specific section of the park .

Many commented on the lack of litter. We are happy to say that we collected significantly less rubbish this year. The bulk of rubbish was paper, plastic and glass bottles. Golf balls and dog poo bags also put in a good showing!

This was a terrific community effort. Well done to all involved!



Nick Cook and Joan Tock with the volunteers

OUR BIRDS

Drawing : Pam Free Text : David Free

Black-faced Cuckoo-shrike, Coracina novaehollandiae

This bird is widespread across treed parts of Australia and, in ones or twos, they occasionally visit our lake. It has a characteristic undulating flight and, on perching, lifts and lowers its folded wings alternately; for this reason it is sometimes called "shufflewing".

In flight it will often make a soft churring call. Cuckoo-shrikes feed mainly on a variety of insects.



NEW FOLC T SHIRTS

From : Soozie Ross

New T Shirts have been printed for the Friends of Lake Claremont. Thanks to financial support from the Town of Claremont we now have 100% cotton long sleeve T Shirts to replace the green ones. The T Shirts are to allow volunteers who are working in the park area to be identified as legitimate members of the Friends of Lake Claremont group. Sizes range from S M L XL and 2XL in adults, 8,10,12 and 14 in children's sizes. The families who have taken on an Adopt a Spot may wish to have shirts for their children when they are out tending to their plot in the park.

If you would like a new T Shirt please make contact as below.

Soozie Ross will be at the shed at the next working bee on April 8th to provide shirts to volunteers. Soozie can also meet you at the shed (where the shirts are stored) by appointment individually. She would prefer either morning time around 9.30am or later in the afternoon.

Please email Soozie.r@bigpond.net.au or phone 0422 668 620

PETS IN THE PARK

From : Nick Cook

The Friends of Lake Claremont were invited to set up a display at the Town of Claremont event, 'Pets in the Park' at Claremont Park on March 18. The weather was perfect and there was a good turnout. We were very happy with the overwhelmingly positive response from members of the public.



The FOLC display at 'Pets in the Park'

THEN (2003) AND NOW (2018)

From : Soozie Ross

Soozie will be publishing a series of photos, showing changes at Lake Claremont, in the newsletter over the next few months. She also hopes to set up a display in the Old Shed. Ed

1. THE WATERCOURSE

The Friends of Lake Claremont group was formed in 2003, when Soozie Ross brought together some volunteers (who had been connected with the Town of Claremont and Bruce Haynes) to form a community group. The first area for revegetation was on the western side of the Lake, near Cresswell Oval.



2003 (left)

Revegetation site on west side of Lake Claremont adjacent to the island (on left of photo) Scotch College playing fields (on right). This photo was taken in watercourse separating parkland and public access path from the bird refuge island.

L to R Linley Simmons, Dot Leeson and Vickie Shannon (then Bushcare Officer)

2018 (right)



THE SHED BEFORE AND AFTER

From : Soozie Ross

Thank you so much to Lance Bannister Jones for his amazing work in the old shed for the Friends of Lake Claremont. We now have magnificent pin boards to use for educational displays. The first display likely to be put up will be some “before and after” photos of revegetation work since 2003. Hip hip hurrah for Lance!



The shed before (above)



The shed after (left)

WEEDING SESSION WITH INGHAM CHICKEN VOLUNTEERS

From : Nick Cook

Thank you to the good people from Ingham Chicken.

On Saturday March 24, in conjunction with the Conservation Volunteers Australia, FOLC hosted the Ingham Corporate Day at lake Claremont.

Enthusiastic Ingham Chicken volunteers



Our guests were given a guided tour of the park and then we got busy in the lakebed, weeding Bushy Starwort.

The volunteers filled 26 bags. A tremendous effort!!!

A big thank you to Zac Hardisty for leading the weeding session.

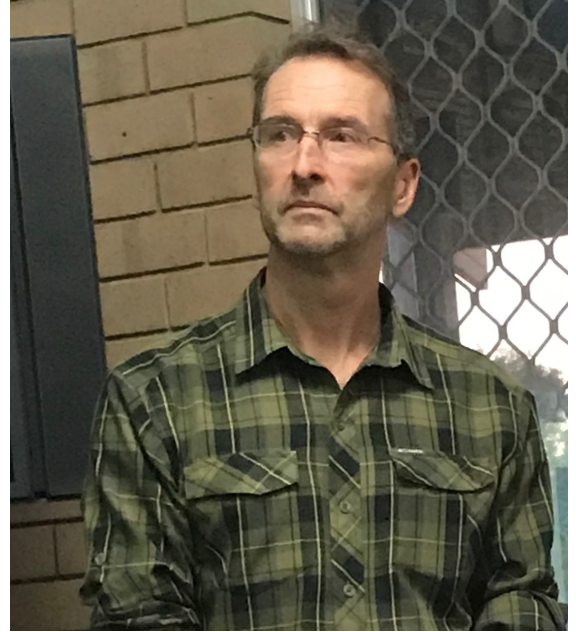


MARCH NIGHT CHAT

Why urban bushland is valuable

From : Hilary Heptinstall

Our March speaker was Dr Paul Hardisty, CEO of the Australian Institute of Marine Science. He has spent over 30 years in government and in industry in many parts of the world. He spoke about the importance of valuing natural systems when making planning and conservation decisions.



Paul Hardisty

He spoke about a rapidly changing world. World population will increase from 7 billion to 10 or 11 billion by 2050. GDP is increasing but income is not evenly distributed. 15% of the global population are obese and 15% are starving! The earth is threatened by climate change, water stress, invasive pests and soil degradation. 'Business as usual' will no longer do and we must change the way we make decisions. He used The Great Barrier Reef and Lake Claremont to illustrate his points.

The Great Barrier Reef has a market value of \$6.4 billion per year and provides 66000 jobs. The ecosystem has a long term value of \$2.3 trillion. Between 1985 and 2012 half the coral has been lost due to bleaching and other unprecedented events. Coral cannot move so must adapt!

Restoration of urban wetlands such as Lake Claremont lead to noise reduction, urban cooling, aesthetic value and protection against extreme events. After 30 years of conservation the value of property in the area and that of the ecosystem has risen by \$15 – 30 million. This is a huge return on the investment. Lake Claremont will become more valuable as other wetland areas are destroyed. He concluded by speaking against 'offsets' – the destroying of one area of bush to protect another.

This was a thought provoking talk, which was much appreciated by the audience and led to many questions. Thank you, Paul for coming from Queensland to speak to us!

UPCOMING EVENTS

APRIL NIGHT CHAT AT LAKE CLAREMONT

Tuesday 24th April, Claremont Aquatic Centre, 6:00 pm

FANTASTIC FUNGI Speaker: Roz Hart



Roz Hart

Fungi are an essential part of the harmony of life on Earth, from lake sites to Banksia and Eucalypt forests, and Western woodlands to tropical rainforests. Roz will talk about the important roles that fungi play in the web of life and will introduce to us the fungi that people are likely to see at Lake Claremont.

Roz is an ecologist and an active member of the Western Australian Field Naturalists Club

She has organised many fungi talks, workshops and fungi excursions in WA. She was a Community Education Officer on the Perth Urban Bushland Fungi project which ran from 2004-2011. The project raised awareness of the importance of fungi in Urban bushlands, opening many people's eyes to the wonders of fungi.

Roz is also the Vice President of the Australia wide Fungimap Organisation. She currently enjoys being a volunteer Guide at Kings Park, bringing her expertise to the public and other guides.

This event is hosted by the Friends of Lake Claremont at the Claremont Aquatic Centre, Davies Road, Claremont. The talk commences at 6:30 pm. Doors open for refreshments at 6:00 pm. A gold coin donation is appreciated.

Punk fungus on a Tuart tree



Calendar April 2018

| Day | Event | Time |
|--------------------------------------|--|--|
| Sunday April 8th | FOLC Busy Bee and Tea Lake Claremont | 9:00 – 11:00 am |
| Monday April 9th | FOLC Board Meeting | 5:30 – 7:00 pm |
| Sunday April 22nd | Earth Day | |
| Tuesday April 24th | Night Chats at Lake Claremont Pool Clubrooms, Lake Claremont Aquatic Centre | 6:30 -7:30 pm Doors open at 6:00 pm |
| Friday April 27th | Year 10 Community Service Program | 1:30 - 3:00 pm |

Check out the yearly calendar on the [FOLC Website](#) to find dates of future events.

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Had a great moment at Lake Claremont?

Why not like us on facebook and post your picture and story?

Friends of Lake Claremont facebook page

<https://www.facebook.com/pages/Friends-of-Lake-Claremont/159586380873009?ref=hl>

The Friends of Lake Claremont Ltd. (FOLC) is a community organization established and run by local residents all of whom are volunteers.

www.friendsoflakeclaremont.org

Newsletter articles and photos from members are most welcome and should be sent to the editor, Hilary Heptinstall
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natural resource
management program

